



In issue 7:

- From the Crow’s Nest. *Jeremy*
- “Hancock’s Car” via YouTube.
- Close encounter with the Royals *John Shone*
- A Book I have read - *Paul*
- Advice on cutting one’s own hair *Peter Sanderson*
- Another look into the Speakers archives. *Editor*
- Quiz. *Editor*
- Today in History. *Editor*
- Scholarship Launched.
- Maybe we don’t have it so bad *Tim Potter*
- The history of Coffee. *Anon*
- Recipe for a Tea Loaf. *Paul*
- Useful Local Information. *Editor*
- Local Shops & Takeaways Info. *Editor*
- Pastoral Support. *Editor*
- Cartoons & Quiz answers.

June 04, 2020

From the editor

I hope you had a good week, and are not too overwhelmed by the non news we have had inflicted on us. This is week ten so I have been told, I do know some people have been in lockdown even longer. Thanks to the members have come forward with items for the newsletter, many thanks guys.

As I use to volunteer at the library to help people with any IT computer issues I have decided to offer it to all Probus members you can contact me via phone 01691 623868 or the probus email address.

Keep safe
Paul

***PS
And Please keep sending in your articles for the newsletter.***

A view from the Crow’s Nest

Dear fellow Probus Club members,

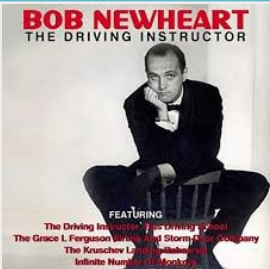
Firstly best wishes to you and your’s during these strange and evolving times. It is good to see how life seems to be adapting to what some are calling a ‘new-now’ but in many ways that has always been the case for us all. There are some sad stories but also some wonderful ones about communities coming together to support those in need. Global politics seems to be in some turmoil but again, hasn’t that always been then case? Perhaps social-media just tends to make us all more aware of the opinions of individuals rather than the masses. I know that I have recently become less keen than ever to follow the news which is sad as previously an avid news-addict. Many thanks to all who have contributed to Paul’s excellent Newsletters, we really need some personal contributions from our members, even if they are photos with a caption of what you and/or your families are doing over the ‘lock-down’. Feel free to send a copy of our Newsletter to any of your friends/family and let us know how far and wide they have gone! I have sent them to Germany, Qatar and South Africa so far..

Please keep well and safe, remember to contact anyone on the Committee if you are in need of help that you can’t otherwise deal with.

Very best wishes, please stay safe and well,

Jeremy

Bob Newheart ‘The Driving Instructor’



<https://www.youtube.com/watch?>

Close encounters with the Royals

By John Shone

In the second part of his recollections as a journalist reporting on the royal family, John Shone remembers a day in 1968 when Princess Margaret was determined not to miss one of the biggest events in the horse-racing calendar...

Ready for the ‘off’

It was a glorious day for a royal visit. There was great excitement among the large crowd waiting in the late May sunshine to greet Princess Margaret as she arrived in North Wales to officially open Flintshire County Council’s new headquarters on the outskirts of Mold. As a brass band played traditional Welsh music, civic dignitaries lined up to extend a hand of welcome to the Queen’s sister who was all smiles and made time to speak to some of the dozens of cheering children who had been waiting for hours to catch a glimpse of the glamorous princess.

As a senior reporter on a local newspaper, I was one of a small media group selected to travel with the VIP party, following a discreet distance behind to gather interviews with some those who had been singled out to be presented to Her Royal Highness. After unveiling a plaque, and making a short speech in the new council chamber, the princess was taken for a private lunch with senior councillors, officials and other guests from the local community.

The rest of our party was taken outside and given lunch in a marquee. But not long after we’d started tucking into the buffet, there was a sudden commotion and we were being told to head straight to the official limousines which were formed up in convoy to whisk us, under police escort, to the next royal engagement – a local eisteddfod seven miles away.

This was unusual; royal visits are always timed to the second and the Princess was now running way ahead of schedule. As we arrived at our destination, the hastily-assembled welcoming committee looked a bit surprised to see us.

“What’s going on?” I asked a member of the county clerk’s team who was looking after arrangements. “Not really supposed to tell you this,” he said, “but her ladyship wants to get back to the Lord Lieutenant’s place in time to watch the Derby.

I’d forgotten that it was Derby day and this was too good a story to miss. As soon as the visit was over, I telephoned the Lord Lieutenant, Brigadier Mainwaring, a rather gruff military man, to see if he would confirm my tip-off.

And so it was, I learnt, that the Princess had arrived at his home, where she was due to spend the night, and immediately settled down in front of the telly to enjoy the big race. The Queen and her mother had both gone to Epsom for the day, but although Margaret was on royal duty in Wales, she was determined not to miss out. It turned out to be one of the greatest races in the Derby’s history, with Lester Piggott riding to victory on the odds-on favourite – the legendary Sir Ivor.

I don’t know whether the Princess had a flutter, but I was certainly on to a winner. Once I’d filed my exclusive to my own paper, the nationals were eager to run it, too, and I was quids-in!

I’ve covered several events involving Princess Anne over the years and I’ve always found her to be more informal than some other members of the royal family. On a visit to open a new Save the Children charity shop in the 1980s, she and her lady-in-waiting casually took turns to help pour tea and coffee for guests and reporters. I was covering the event for BBC radio and as she went walkabout among the crowd outside, I began describing the scene into my microphone. Despite trying to keep a distance, I suddenly found myself walking almost next to the Princess Royal, who had slowed down as she crossed the town square. Her lady-in-waiting said something like “Oh this is how you do it,” as I tried to keep up my commentary. Then almost straight in front of me, I saw a little boy wearing a Spiderman mask.

I recognised him instantly; it was my youngest son, Andrew, who was at the front of the crowd with his Mum, waving a paper flag.

The Princess made a bee-line towards him, and when his Mum told her it was his fourth birthday, she said “ let me see your face and I’ll say Happy Birthday.”

He wasn’t at all impressed. The mask stayed firmly fixed. To quote a famous Spiderman catchphrase: “No man can win every battle, but no man should fall without a struggle

The Prince of Wales was looking a little nervous as he mingled with guests at a royal garden party in North Wales only a few weeks after his investiture at Caernarfon Castle in 1969. The event was part of his grand tour of the Principality and I was again following closely behind with a couple of other reporters and photographers in the official party. As he reached the end of a line of guests, he suddenly doubled back, leaving his royal protection officer and accompanying VIPs unsure of what was happening. Hand outstretched, he was heading straight towards...me!

Perhaps he thought I seemed a friendly face, someone of similar age among a crowd of ‘oldies.’ I was happy to shake his hand. But as he moved nearer, one of his aides suddenly stepped between us. He’d spotted that I was wearing an official press badge in my lapel. A quick word to the Prince, the hand was withdrawn— and Charles turned tail in another direction.

It wasn’t protocol. I was one of the “untouchables!”

As news editor at BBC Radio Shropshire, I was involved in organising our coverage when the Queen and the Duke of Edinburgh came to the county in 2003 on a day-long tour that took in Telford, Much Wenlock, Craven Arms and Ludlow.

Our own breakfast show presenter, Eric Smith, had been invited to compere a choral performance by 1,000 schoolchildren in Telford’s International Centre, to mark the new town’s 40th birthday.

In the weeks leading up to the celebration, I’d made several visits to the Shire Hall in Shrewsbury to discuss the arrangements with the Lord Lieutenant’s assistants. At our final meeting, we were joined by two members of the Buckingham Palace press office, who had travelled from London to make sure that everything was going to plan. Totally out of the blue, they came up with an offer I couldn’t refuse: Would Radio Shropshire like to run a competition in partnership with the Shropshire Star for one of our listeners/readers to meet The Queen?

Sarah-Jane Smith, the Star’s editor looked at me open-mouthed.

In all our years of working on royal visits, we’d never heard of anything like this, but apparently it had recently been tried in another part of the country and been very successful.

So the great day arrived. From hundreds of entries, a lady from Oswestry had been chosen as the winner of the competition by answering the question: Why I want to meet The Queen...and there she was at the big event in Telford, shaking hands and curtsying to Her Majesty.

It was a great piece of public relations by the Palace, showing how they were moving with the times. I can’t imagine it ever happening in Queen Victoria’s reign!



The Queen at Ironbridge

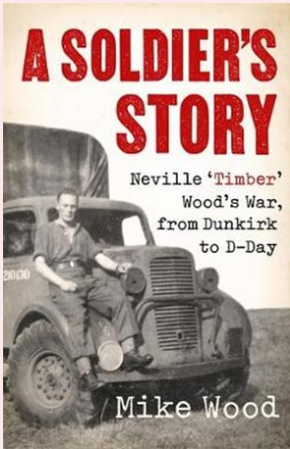
A Book I have read this week—By Paul

The title of my book is ‘A Soldier’s Story ’ by Mike Wood

I am always interested in reading books about social history

This amazing account of a young man, Neville 'Timber' Wood, who, despite fighting in many of the major engagements of the Second World War, including Dunkirk, El Alamein and D-Day, survived to become a much-loved husband and father. A very well written story by one of his sons, which I highly recommend.

The son of a Hull butcher, Neville 'Timber' Wood volunteered in 1939, at the age of eighteen, to join the British Army's Tyne-Tees 50th Northumbrian Division. Timber was in many



ways an entirely unremarkable soldier - he won no medals for gallantry, though he exhibited conspicuous bravery day after day, for years, and he rose no higher through the ranks than Lance Corporal. Nonetheless, he had an extraordinary war. As a driver for the Royal Army Service Corps, Timber's job was to get ammunition and high explosives to the front line. It was a job with a high casualty rate, sometimes higher than front-line troops.

The 50th Division was the principal fighting division of the British Army in the Second World War. Four men of the 50th were awarded Victoria Crosses, more than any other division. It was last off the beach at Dunkirk and the first back on it on D-Day; the division was at the heart of El Alamein and the major actions which followed; it took part in the invasion of Sicily and fought all the way from Normandy to Germany, where Timber saw first-hand the horrors of the Bergen-Belsen concentration camp. Timber's story is pretty much the British war experience from the point of view of an ordinary soldier. He was even captured, saw Rommel and escaped. This book, written by his son Mike, is based on Neville's extensive wartime diaries and original documents he retained from the war as well as on long conversations between the two of them when Mike transcribed the diaries as a gift for his father in 2006. Timber died in 2015.

Cutting ones’ own hair by Peter Sanderson.

Tonsorial Treatise by Canis Ovinus SpectaculmSalvor

Peter offers some advice if you are thinking of cutting one’s own hair.

When cutting one's hair, use two mirrors.

One facing you and one behind you adjusted to reflect the back of your head in the mirror in front of you. You now have the barber's eye view of the back of your head.

Commence operations with the usual tooling.

Being bald is an advantage as one does not have to look through a fringe.

Points to note

a) This process should be undertaken outdoors as it is difficult to get hairy bloodstains out of the carpet & SWMBO will be displeased at your valiant efforts especially as she is now looking like a grizzled Rapunzel.

b) Amputated ears & noses should be placed in a food grade plastic bag & put in the deep freeze pending re-attachment at A & E.

c) Should you wish to put your head in the deep freeze, remember to remove the appliance before getting into the car when you set out for A & E as you will not get through the door into your seat without the added complication of a dislocated neck.

This still applies even if you have a drop-head car as the freezer will detach at speed, scratch the rear of the car and produce further potholes in the road surface.

d) Spectacles, if worn, should be removed before putting your head in the deep freeze as they will freeze over and make driving hazardous.

e) Social Distancing rules must be conformed with.

For further information, see the appropriate Directive from “H&SE ”

Another look in the archive of Speakers reports. *This is one is from January 2016*
‘the Building of Paddy’s Wigwam’ (Liverpool’s RC Cathedral).

The meeting on 21st January saw Philip Harrison with a talk titled ‘the Building of Paddy’s Wigwam’ (Liverpool’s RC Cathedral).

Philip explained that following the purchase of the present 9-acre site at Brownlow Hill in 1930, Sir Edwin Lutyens was commissioned to provide a design which would be an appropriate response Anglican cathedral then being built further along Hope Street, Lutyens' design was intended to create a massive structure that would have become the second-largest church in the world. It would have had the world's largest dome.

Building work based on Lutyens' design began in June 1933. However when War broke out in 1939 work on the cathedral basically stopped, this was because most of the men had been called up to fight. When the war ended, it was realised that to continue to build the Lutyen designed cathedral would cost at least 24 million Pounds. After a few years it was decided to carry on with the build, and to hold a competition to design the new Cathedral.

The competition to design the Cathedral was held in 1959, Sir Frederick Gibberd won this, and construction began in October 1962.

Philip said that around this time he was studying Architecture at Leeds University, and for an Architect to be finally qualified they had to work for an Architect on projects and so work experience, after which they can sit their final exams.

Philip said at that time most of the large construction was being done in London so he applied for a few jobs in London. He was called for an interview with one company and after arriving in the city he had a couple of hours to kill before the interview. As he was walking through the Soho area he noticed an attractive building, he walked over to it to see who’s it was and on the brass plaque was the name Sir Frederick Gibberd the Architect, having time to spare he entered and enquired if they had any vacancies, in fact they did and he was sent to introduce himself, Philip said as he was showing his portfolio, a scruffy looking man came in who he assumed was a cleaner, after a few minutes the cleaner lit up a large cigar and went out of the room, Philip asked who was the cleaner, only to be told it was Sir Frederick Gibberd.

The outcome was he was offered a job as Sir Frederick Gibberd’s PA. This turned out really to be his dogs body, interpreting Frederick Gibberd’s rough sketches, and turning them into workable drawings.

After a while Philip asked if he could get some onsite experience so he could finish his exams. Frederick Gibberd told him to go to the new Liverpool Cathedral.



The Cathedral is built in concrete with a Portland Stone cladding and an aluminium covering to the roof. Its plan is circular, having a diameter of 195 feet (59 m), with 13 chapels around its perimeter. The shape of the Cathedral is conical, and it is surmounted by a tower in the shape of a truncated cone. The building is supported by 16 boomerang shaped concrete trusses which are held together by two ring beams, one at the bends of the trusses and the other at their tops. Flying buttresses are attached to the trusses, giving the cathedral its tent-like appearance. Rising from

the upper ring beam is a lantern tower, containing windows of stained glass, and at its peak is a crown of pinnacles.

The entrance is at the top of a wide flight of steps leading up from Hope Street. Above the entrance is a large wedge-shaped structure. This acts as a bell tower the four bells being mounted in rectangular orifices towards the top of the tower. Below these is a geometric relief sculpture, designed by William Mitchell, which includes three crosses. To the sides of the entrance doors are more reliefs in fibreglass by Mitchell, which represent the symbols of the Evangelists. The steps which lead up to the cathedral were only completed in 2003, when a building which obstructed the stairway path was acquired and demolished by developers.

The Cathedral was completed in May 1967 with a celebratory Mass for all local dignitaries plus Philip. the Architect and reps from the construction company. So that is how Philip Harrison came to be the Architect for Paddy’s Wigwam, as it came to be known.



Philip told us many amusing stories of his time working there in the days before health and safety was enforced as it is today.



General Knowledge Quiz

1. The Blue Meanies were the enemy of the Beatles in which film.
2. What song is most **commonly** sung to **celebrate** someone getting a year older?
3. Who composed the songs 'Puttin on the ritz', 'I've got my love to keep me warm' and 'White Christmas'?
4. What is the name of the **Dutch** footballer who transferred from Arsenal to Man Utd in Aug 2012 for £23 million?
5. How many sides does an icosagon have?
6. Which large animal is the only creature thought to produce its own sun tan lotion from its natural secretions?
7. In a musical about gangsters, who are with the guys in the title?
8. Which Greek author was famous for his fables?
9. Which 1988 western saw Emilio Estevez play 'Billy The Kid' alongside Charlie Sheen and Kiefer Sutherland?
10. Which Russian punk band were jailed for two years in Aug 2012 for their anti-Putin protest and inciting hooliganism in an orthodox church?
11. Which **historical** region of **Greece** includes the capital, Athens?
12. Glenridding and Pooley Bridge stand at opposite ends of which lake, the 2nd largest in the Lake District?
13. Where in London is there a bronze statue of Charlie **Chaplin**?
14. What is the name of the actress who played Hilda Ogden in Coronation Street?
15. Who is reported to have played his fiddle while Rome burned?
16. What is the surname of the inventor of the world's first motorcycle?
17. Which song from 'Joseph and his technicolour dream coat' gave Jason **Donovan** a No 1 UK hit in 1991?
18. Which TV show from the '70s and 80's featured Michael Langdon as Charles Ingalls living on a farm with his wife and 4 daughters?
19. In which country did Posh and **Becks** marry?
20. Which fantasy **kingdom** was found at the back of the wardrobe and featured Aslan and a white witch?

What happened in History this day 04th June

781 BC Oldest Chinese recording of a solar eclipse **1644** Bolton Massacre by Royalist troops under the command of the Earl of Derby (English Civil War)

1666 Battle at Dunkirk: English vs Dutch fleet **1871** Paris communards revolt put down

1878 Cyprus ceded by Turkey to Britain for administrative purposes

1940 British complete the "Miracle of Dunkirk" by evacuating 338,226 allied troops from France via a flotilla of over 800 vessels including Royal Navy destroyers, merchant marine boats, fishing boats, pleasure craft and even lifeboats.

1964 Test Cricket debut of Geoff Boycott v Australia at Trent Bridge, 48

1984 DNA is successfully cloned from an extinct animal

Please pass this on to your grandchildren etc.



Ellesmere College Launches the Jebb Scholarship

Ellesmere College is offering a unique educational opportunity to potential sixth form students in the form of a scholarship to mark 100 years of the Save the Children charity and commemorate its locally-born founder, Eglantyne Jebb.

The initiative is part of a programme of centenary events and activities led by the Ellesmere Sculpture Initiative in partnership with the College, local councils, other local schools, businesses and community groups.

Young people who have shown ‘selfless support’ to their community will be eligible to apply for the Scholarship, which will support a sixth form place at the college from September. Applications are invited from young people who can demonstrate their commitment to their local community and the people they support through volunteering their time, working on community projects, or raising money for local charities. More information here, including details of how to apply:

<https://www.ellesmere.com/news/ellesmere-college-launches-jebb-scholarship-to-commemorate-100-years/>

The College Headmaster. Brendon Wignall said: ““Eglantyne Jebb and the town of Ellesmere will be forever linked and we thought it would be a fitting tribute to mark the centenary by launching a scholarship in her name. It is something the college and the town can be proud of and we hope it will prove to be a tremendous educational support.”

Maybe we don't have it that bad? By Tim Potter

This was my father minus a couple of years.
It’s a mess out there now. Hard to discern between what’s a real threat and what is just simple panic and hysteria. For a small amount of perspective at this moment, imagine you were born in 1900.

On your 14th birthday, World War 1 starts, and ends on your 18th birthday. 22 million people perish in that war.

Later in the year, a Spanish Flu epidemic hits the planet and runs until your 20th birthday. 50 million people die from it in those two years. Yes, 50 million.

On your 29th birthday, the Great Depression begins. Unemployment hits 25%, the World GDP drops 27%. That runs until you are 33. The country nearly collapses along with the world economy.

When you turn 39, World War II starts. You aren’t even over the hill yet, and don’t try to catch your breath.

On your 41st birthday, the United States is fully pulled into WWII. Between your 39th and 45th birthday, 75 million people perish in the war.

Smallpox was epidemic until you were in your 40’s, as it killed 300 million people during your lifetime.

At 50, the Korean War starts. 5 million perish. From your birth, until you are 55 you dealt with the fear of Polio epidemics each summer. You experience friends and family contracting polio and being paralyzed and/or die.

At 55 the Vietnam War begins and doesn’t end for 20 years. 4 million people perish in that conflict.

During the Cold War, you lived each day with the fear of nuclear annihilation.

On your 62nd birthday you have the Cuban Missile Crisis, a tipping point in the Cold War.

Life on our planet, as we know it, almost ended.

When you turn 75, the Vietnam War finally ends.

Think of everyone on the planet born in 1900. How did they endure all of that? When you were a kid in 1985 and didn’t think your 85 year old grandparent understood how hard school was. And how mean that kid in your class was. Yet they survived through everything listed above.

Perspective is an amazing art, refined and enlightening as time goes on.

Let’s try and keep things in perspective. Your parents and/or grandparents were called to endure all of the above – you are called to stay home and sit on your couch.

The History of Coffee

No one knows exactly how or when coffee was discovered, though there are many legends about its origin.

An Ethiopian Legend

Coffee grown worldwide can trace its heritage back centuries to the ancient coffee forests on the Ethiopian plateau. There, legend says the goat herder Kaldi first discovered the potential of these beloved beans.

The story goes that that Kaldi discovered coffee after he noticed that after eating the berries from a certain tree, his goats became so energetic that they did not want to sleep at night.

Kaldi reported his findings to the abbot of the local monastery, who made a drink with the berries and found that it kept him alert through the long hours of evening prayer. The abbot shared his discovery with the other monks at the monastery, and knowledge of the energizing berries began to spread.

As word moved east and coffee reached the Arabian peninsula, it began a journey which would bring these beans across the globe.

As word moved east and coffee reached the Arabian peninsula, it began a journey which would bring these beans across the globe.

As word moved east and coffee reached the Arabian peninsula, it began a journey which would bring these beans across the globe.

The Arabian Peninsula

Coffee cultivation and trade began on the Arabian Peninsula. By the 15th century, coffee was being grown in the Yemeni district of Arabia and by the 16th century it was known in Persia, Egypt, Syria, and Turkey.

Coffee was not only enjoyed in homes, but also in the many public coffee houses — called *qahveh khaneh* — which began to appear in cities across the Near East. The popularity of the coffee houses was unequalled and people frequented them for all kinds of social activity.

Not only did the patrons drink coffee and engage in conversation, but they also listened to music, watched performers, played chess and kept current on the news. Coffee houses quickly became such an important centre for the exchange of information that they were often referred to as “Schools of the Wise.”

With thousands of pilgrims visiting the holy city of Mecca each year from all over the world, knowledge of this “wine of Araby” began to spread.

Coffee Comes to Europe

European travellers to the Near East brought back stories of an unusual dark black beverage. By the 17th century, coffee had made its way to Europe and was becoming popular across the continent.

Some people reacted to this new beverage with suspicion or fear, calling it the “bitter invention of Satan.” The local clergy condemned coffee when it came to Venice in 1615.



The controversy was so great that Pope Clement VIII was asked to intervene. He decided to taste the beverage for himself before making a decision, and found the drink so satisfying that he gave it papal approval.

Despite such controversy, coffee houses were quickly becoming centres of social activity and communication in

the major cities of England, Austria, France, Germany and Holland. In England “penny universities” sprang up, so called because for the price of a penny one could purchase a cup of coffee and engage in stimulating conversation.

Coffee began to replace the common breakfast drink beverages of the time — beer and wine. Those who drank coffee instead of alcohol began the day alert and energized, and not surprisingly, the quality of their work was greatly improved. (We like to think of this a precursor to the modern office coffee service.)

By the mid-17th century, there were over 300 coffee houses in London, many of which attracted like-minded patrons, including merchants, shippers, brokers and artists.

Many businesses grew out of these specialized coffee houses. Lloyd's of London, for example, came into existence at the Edward Lloyd's Coffee House.

The New World

In the mid-1600's, coffee was brought to New Amsterdam, later called New York by the British.

Though coffee houses rapidly began to appear, tea continued to be the favoured drink in the New World until 1773, when the colonists revolted against a heavy tax on tea imposed by King George III. The revolt, known as the Boston Tea Party, would forever change the American drinking preference to coffee.

"Coffee - the favorited drink of the civilized world." - Thomas Jefferson

Plantations Around the World

As demand for the beverage continued to spread, there was fierce competition to cultivate coffee outside of Arabia.

The Dutch finally got seedlings in the latter half of the 17th century. Their first attempts to plant them in India failed, but they were successful with their efforts in Batavia, on the island of Java in what is now Indonesia.

The plants thrived and soon the Dutch had a productive and growing trade in coffee. They then expanded the cultivation of coffee trees to the islands of Sumatra and Celebes.

Coming to the Americas

In 1714, the Mayor of Amsterdam presented a gift of a young coffee plant to King Louis XIV of France. The King ordered it to be planted in the Royal Botanical Garden in Paris. In 1723, a young naval officer, Gabriel de Clieu obtained a seedling from the King's plant. Despite a challenging voyage — complete with horrendous weather, a saboteur who tried to destroy the seedling, and a pirate attack — he managed to transport it safely to Martinique.



Once planted, the seedling not only thrived, but it's credited with the spread of over 18 million coffee trees on the island of Martinique in the next 50 years. Even more incredible is that this seedling was the parent of all coffee trees throughout the Caribbean, South and Central America.

The famed Brazilian coffee owes its existence to Francisco de Mello Palheta, who was sent by the emperor to French Guiana to get coffee seedlings. The French were not willing to share, but the French Governor's wife, capti-

vated by his good looks, gave him a large bouquet of flowers before he left— buried inside were enough coffee seeds to begin what is today a billion-dollar industry.

Missionaries and travellers, traders and colonists continued to carry coffee seeds to new lands, and coffee trees were planted worldwide. Plantations were established in magnifi-

Recipe for a Tea Loaf

Ingredients

170g sultanas, 170g raisins, 1 orange, zested, 300ml hot strong Earl Grey tea, 2 medium eggs, lightly beaten, 260g self-raising flour, 200g light soft brown sugar, Butter, for greasing

Method

1. Mix the sultanas, raisins and orange zest in a large mixing bowl. Pour over the tea and cover the bowl. Leave to sit for a minimum of 6 hours or ideally overnight to allow the dried fruit to soak up all the liquid.
2. Heat the oven to 180C/160 fan/gas 4. Grease and line a 900g loaf tin. Add the eggs, flour and sugar to the soaked fruit, ensuring everything is well combined. Spoon the mixture into the tin and place in the centre of the oven for 1 hour 30 mins or until firm to the touch.
3. Leave to cool in the tin for 15 mins before transferring to a wire rack
4. Cut into thick slices and serve with butter. To store, wrap tightly and keep in an airtight container for up to five days.

The loaf will taste even better after a few days, if it lasts that long without being eaten.

Local information

This is a new service which when it was trialed in parts of Shropshire proved very popular.



We are now using eConsult

Submit an eConsult via our website

www.churchmere.co.uk and click on the button

Ask for advice with an eConsult and we will contact you by the end of the next working day.

You can contact our doctors online 24/7 for routine medical advice, trusted self-help from the NHS and administrative requests such as fit notes, GP letters or test results.



Take 1 minute each day and help fight the outbreak.

Get the Covid 19 Symptom Tracker App from the App store or Google

Coronavirus (COVID-19) Guidance & Support

Click on this link—

https://www.gov.uk/coronavirus?utm_source=Members&utm_campaign=fdd441f999-EMAIL_CAMPAIGN_2018_06_08_03_15_COPY_01&utm_medium=email&utm_term=0_206970988f-fdd441f999-348581597&mc_cid=fdd441f999&mc_eid=d02ed78b4c

Urgent Care Centres

Urgent Care Centres (UCCs) at Princess Royal Hospital (PRH) in Telford and the Royal Shrewsbury Hospital (RSH) will temporarily relocate to the Minor Injury Units (MIUs) in Whitchurch and Bridgnorth to form two Urgent Treatment Centres (UTCs).

PLEASE CONTINUE TO KEEP AN EYE OUT FOR YOUR NEIGHBOURS

Key contact details: Ellesmere Covid-19 Community Support Group: 01691 596290 / 622689
www.ellesmerecovidsupportgroups.org.uk

Shropshire Council Helpline: 0345 678 9028

For people living in the Welshampton or Lyneal area - please contact the Parish Council on 01948 710672 or go on their website <https://www.welshamptonandlyneal-pc.gov.uk/> where you will find information about their local Community Support group.

Local Businesses providing Services as at 01st June, these services can change anytime.



Ellesmere Businesses - CONTACT by telephone, email or Facebook ONLY		Ellesmere Takeaways	Opening Hours	Home Delivery
(in alphabetical order)	Updated 1 June 2020 (Subject to change)	(in alphabetical order)	Updated 1 June 2020 (Subject to change)	
A Mere Cycle Hire and Sales Tel 07988 842038 Email amerecycle@gmail.com	Working mobile until further notice. Monday - Saturday 9.30am - 5.00pm	Asian Spices Tel 01691 623689 Delivery 6.00pm - 9.00pm every day (except Monday). After 9.00pm collection only.	Friday & Saturday 5.00pm - 10.30pm Tues, Wed, Thurs & Sunday 5.00pm - 10.00pm. Closed Monday.	YES
Concept Town Planning Tel 07890 428918 Email mail@concepttownplanning.com	Office hours Tues & Thurs 10.00am - 4.00pm Available all other times Monday - Friday 8.30am - 6.00pm via email or mobile.	Black Lion Hotel Tel 01691 623999 (out of hours)	Real Ales and Lager Takeaways Wed & Thurs 4.30pm - 6.30pm Fri, Sat & Sun 4.00pm - 6.30pm	NO
Gough-Thomas & Scott, Solicitors Tel 01691 622413 Email ellesmere@gtssolicitors.co.uk	GTS are still open for business however to protect both staff and clients they are not allowing visitors to the office. GTS can still be contacted by telephone or email.	Cherry Tree Cafe Tel 01691 624400	Thursday, Friday & Saturday 9.00am - 2.00pm Takeaway only. Telephone orders recommended. Updates on Facebook.	NO
J A Milton Upholstery Supplies www.jamilton.com	Online and telephone orders Open Monday - Friday 9.00am - 5.00pm	Comrades Club Tel 01691 622419 & 07871 733375	Order Sunday Lunch by Friday. Ring any day between 9.00am & 5.00pm	YES
Lily the Pink, Florist Contact via Facebook	Contact to place an order. Delivery only.	Ellesmere Kebab House Tel 01691 624638	Tuesday - Sunday 4.30pm - 9.30pm Closed Monday.	YES
Morris Cook, Chartered Accountant Tel 01691 622098 Email megan@morriscook.co.uk	Open most weekdays Email or telephone if you need to bring anything into the office. Letter box on Watergate Street.	Meze Greek Restaurant Tel 01691 622660 & Facebook	Thursday, Friday, Saturday & Sunday Order by phone 9.00am - 8.30pm. Collect 4.30pm - 8.30pm	YES
Ortho-Bionomy UK Tel 07377 315865 Email dr.anna.hoyes@outlook.com www.ortho-bionomy-uk.com or via Facebook	Open Monday - Friday 9.30am - 4.30pm Self-care packages tailored to cover your individual pain requirements. Contact Anna by email or telephone.	New Wan Loy Tel 01691 623479	Tuesday - Sunday 4.45pm - 10.45pm Ring to check times.	
Princes LHS Ltd The Rennet Works, Market Street Tel 01691 624336	Still operating during the lockdown and providing essential plumbing, heating, electrical and renewable energy services.	Pete's Sandwich Bar Tel 01691 623414	Wednesday - Saturday 8.00am - 2.00pm Takeaway only. Details on Facebook. Telephone orders will be given time slots to collect.	
Pure Beauty www.tropicskincare.com/helenhale	Shop online for Tropic products.	Shropshire Fish Bar Tel 01691 624287	Open every day 11.30am - 10.00pm	
Sanchi Jewellers Tel 01691 622282 or via Facebook	For any purchases, leave a message by phone or Facebook. Payment made via card over the phone. We will be post free of charge any item chosen.	Thai Gate Restaurant Tel 01691 239478 5 High Street, Ellesmere www.thaigate.co.uk/order-online	Tuesday - Saturday 12 noon - 9.00pm Sunday 12 noon - 8.00pm Closed Monday. Takeaway available. Collection only.	Delivery coming soon
Susan Haskey, Chiropodist Tel 07974 091984	Open as usual, Mondays and Fridays	The Red Lion Coaching Inn Tel 01691 622632 & 07854 191238	Friday and Saturday. Order by phone 5.00pm - 8.30pm. Closed Sunday.	YES
Sweetmere Sweet Shop Tel 07896 881242 or Facebook	Contact to place an order. Delivery only.	Pete's Meals on Wheels on temporary loan to The Red Lion Tel 01691 622632 Ring with any queries regarding meals and to place your order.	Order: Mon - Fri 10.00am - 12 noon Orders delivered to your door 11.30 - 12.30 Monday to Friday.	YES

Ellesmere Businesses - Food Shops	Opening Hours	Home Delivery	Ellesmere Businesses	Opening Hours and details
(in alphabetical order)	Updated 1 June 2020 (Subject to change)		(in alphabetical order)	Updated 1 June 2020. (Subject to change)
Co-op Vulnerable workers, NHS & key workers	Open every day, 8.00am - 8.00pm 8.00am - 9.00am (Sunday 10.00am - 11.00am)		Mere Motors	Open Monday to Saturday 6.30am - 8.00pm
Ellesmere Newsagents Tel 01691 622498 Delivery of newspapers and provisions inc: bread, alcohol, tinned, frozen & chilled food, pet food, tea, coffee, biscuits, toiletries and cleaning products. Those ordering for delivery of provisions who are not current customers must pay by cheque or cash, left in a container outside the door at delivery time.	Monday - Friday 5.00am - 5.30pm Saturday 5.00am - 5.00pm Sunday 6.00am - 11.00am	YES	Tel 01691 622343	Open Sunday 7.30am - 8.00pm Petrol Station includes a mini supermarket selling milk, eggs, newspapers, food and alcohol.
Hawkins Butchers Tel 01691 622329 Welcome to ring ahead to place your order or for any enquiries.	Monday - Saturday 8.00am - 3.30pm. Local delivery services to those self-isolating.	YES	P&G Vehicle Repairs Tel 01691 622849	Open Monday to Friday 8.30am - 4.00pm Cargotec Industrial Park, Elson SY12 9JW
Moolah - Local Food Tel 01691 623532 Homemade ready meals - mains & puddings (inc freezer-ready). Savoury and sweet delights. Fresh veg, meat and dairy. Pizza, Teas & coffees.	Open every day, 9.00am - 6.00pm Deliveries undertaken within Ellesmere and to outlying villages during the Covid-19 lockdown.	YES	Post Office & Party Shop Tel 01691 622623 singh.po@gmail.com bkaur.po@gmail.com	Monday - Saturday 9.00am - 3.00pm If possible please post any items before midday. Offering free local delivery for orders over £10 from the Party Shop, balloons, cards, gifts etc. Please contact for more details.
Tesco Monday - Saturday 7.00am - 10.00pm. Sunday 10.00am - 4.00pm	Monday, Wednesday & Friday 9.00am - 10.00am Sunday, Tuesday, Thursday 9.00am - 10.00am	ONLINE ORDERS	Richards Auto Services Tel 01691 622421	Phones are now manned and taking bookings for week commencing 1 June 2020.
Elderly and Vulnerable Priority time: NHS Workers Priority Time Vermeulens Tel 01691 622521 Bakery (bread, baps, rolls etc), cakes, hampers, cold meats and speciality pies. Delicatessen. Sandwiches.	Monday - Saturday 7.00am - 4.00pm. Orders delivered 10.00am - 12 noon to those self-isolating. Order anytime.	YES	Rightways	Mon, Tues and Fri 10.30am - 4.00pm Saturday 9.30pm - 5.00pm. Closed lunchtime 1.00pm - 1.30pm. Closed Wed & Sun.
Pet Shop including pet/animal feed Pets Pantry Tel 01691 624492	Monday - Saturday 9.00am - 3.00pm.	YES	The Ellesmere Pharmacy Tel 01691 623118	Monday - Friday 9.00am - 6.00pm Saturday 9.00am - 5.00pm. Closed Sunday
			The Washing Well Launderette	Open every day. 7.00am - 9.00pm
			TG Builders Merchants Tel 01691 622540 ellesmere@tggroup.co.uk	Open Monday to Friday 8.00am - 4.00pm & Saturday 8.00am - 12 noon Orders need to be made by phone or email for a time slot collection or delivery.

Ellesmere Businesses	Opening Hours and details
TSB Bank	Monday - Friday 10.00am - 12.30pm. 1.30pm - 4.00pm
	TSB Customers: If you have no mobile phone or internet banking please call the branch on 01691 594999 and the TSB will make a one-off payment for you.
	TSB Customers can be issued with a cheque book if required. Also: any TSB customer who is self isolating and needs to withdraw money please contact the TSB on 01691 594999.

For up to date

information please check the Ellesmere Covid 19 website



Pastoral Support from the Churches in Ellesmere

Rev'd Pat Hawkins St Mary's Church

[01691622571](tel:01691622571) email revpat.hawkins@gmail.com.

St Mary's Ellesmere: follow Church of England

Services are streamed online [https://](https://www.churchofengland.org/)

www.churchofengland.org/



Pastor Phil Wright 'The Cellar Church'.

[07711 986694](tel:07711986694) email: pastor.phil@me.com

The Cellar Church online every Sunday 10am and Wednesday 6pm

Follow the link Directly on our Youtube channel: <https://www.youtube.com/channel/UCmxif6AT5w7IJH4Yxkbi6tQ>

On the cellar church website: <https://www.cellarchurch.co.uk/audio-video/>



Rev Julia Skitt Ellesmere Methodist Church

[01691 657349](tel:01691657349) email: rev.julia@mail.com

Ellesmere Methodist Church Services can be streamed from:

Wesley's Chapel in London - on Wednesdays 12.45, Thursdays 12.45 and Sundays 9.45 and 11.00am

<https://www.wesleyschapel.org.uk/livestreaming/>

Methodist Central Hall, Westminster - Sundays at 11.00am

[https://www.youtube.com/user/MCHWevents?](https://www.youtube.com/user/MCHWevents?utm_source=Methodist+Church+House&utm_medium=email&utm_campaign=11417259_Update)

[utm_source=Methodist+Church+House&utm_medium=email&utm_campaign=11417259_Update](https://www.youtube.com/user/MCHWevents?utm_source=Methodist+Church+House&utm_medium=email&utm_campaign=11417259_Update)



Ellesmere Catholic Convent Chapel

The Chapel is open, the building on the left as you drive in. 8:30am - 6pm.

If you have anything that you'd like to ask the sister to pray for you: Phone

[01691 622 283](tel:01691622283)



A few funnies to entertain you

The emotional support dog after I get done telling it my problems.



I'm afraid if
I start working out,
I'll be too sexy.

Quiz answers

1. The Yellow Submarine, 2. Happy Birthday, 3. Irving Berlin, 4. Robin Van Persie, 5. 20
6. Hippopotamus, 7. Dolls, 8. Aesop, 9. Young Guns, 10. Pussy Riot, 11. Attica, 12. Ullswater
13. Leicester Square, 14. Jean Alexander, 15. Nero, 16. Daimler, 17. Any dream will do
18. Little house on the prairie, 19. Ireland, 20. Narnia